God’s Design for Good Sex

Preached by Gerry Breshears

Gen. 2; Matt. 19; 1 Cor. 6:13-18; 1 Thess. 4:3-8

I. In the Beginning (Gen. 2)
   A. It is (1) __________ for a man/human to be alone (18)
   B. Eve (2) ________ of Adam’s side to be his helper (21-22)
   C. They are both human (3) __________ but (4) ________ (23)
   D. Marriage is the (5) __________ of the equal but different humans, one man, one woman, husband and wife for life, naked and unashamed, to rule, to create, relate (1:28; 2:24-25; Matt. 19:4-6).
   E. Humans (6) __________ love, communion, community, friendship, family, affection, wholeness, self-transcendence, to know and be known intimately, to be accepted in our fragile vulnerability.

II. God and Sexuality
   A. Sexuality is God’s (7) __________ creation for humans (Gen. 1:28, 31; Song of Solomon 5:1).
   B. In God’s design is sex a 1. pleasurable whole person (8) __________ experience between a husband and a wife to express, (9) __________ and deepen their marital intimacy 2. pleasurable (10) __________ between (11) __________ adults.
   C. If sex is 1. (13) __________, then I must repress my desires to achieve purity 2. for (14) __________, then I must indulge my desires to be fulfilled 3. God’s gift for (15) __________, then I must focus my passions to be formed into a Christlike person.

III. Pondering Sexuality
   A. Deep, godly intimacy comes in friendship, family, and church. Bringing (16) __________ into relationships other than marriage (17) __________ them.
   B. All sexual activity outside marriage is porneia (Matt: 15:19; Acts 15:20, 29; 1 Cor. 6:13-18; 1 Thess. 4:3-8) (18) __________ the person and the gift of sex.
   C. Is masturbation sin?
   D. What about a married couple who can’t achieve good sex?
   E. Is any type of sex activity permissible for a married couple?
   F. Question is not “is it sinful?” but “who am I becoming by my (19) __________ and (20) __________?”

IV. As (21) __________ in the community of Christ, we seek and show faithfulness and fidelity in a world of availability and indulgence respect for people, not commodification and abuse acceptance, healing, grace in a culture of deceit, cheating and contempt serving and giving rather than taking and using

Fill in the Blank

**LGBQ Resources**

**Books on the Issue**
*People to be Loved: Why Homosexuality Is Not Just an Issue*, by Preston Sprinkle
*Same-Sex Attraction and the Church* by Ed Shaw
*Gay Girl, Good God: The Story of Who I Was, and Who God Has Always Been* by Jackie Hill Perry
*A War of Loves* by David Bennett
Other excellent books are written by Sam Allberry, Rosaria Butterfield, Wesley Hill, and Sean McDowell

**Books for Parents and Friends**
*Out of a Far Country: A Gay Son's Journey to God. A Broken Mother's Search for Hope* by Christopher & Angela Yuan
*If I Tell You I'm Gay, Will You Still Love Me? One Mother's Journey to Truth and Grace* by Ann Mobley

**Dialogue**
*Two Views on Homosexuality, the Bible, and the Church*, by Preston Sprinkle
*Space at the Table: Conversations Between an Evangelical Theologian and His Gay Son* by Brad & Drew Harper

**Books for Parents and Their Children**

**Web Resources**
Portland Fellowship  [https://www.portlandfellowship.com/](https://www.portlandfellowship.com/)
Them Before Us, Katy Faust,  [https://thembeforeus.com/](https://thembeforeus.com/)
Reality San Francisco, God and Sex series  [https://realitysf.com/category/series/god-sex/](https://realitysf.com/category/series/god-sex/)
Jon Tyson -  [https://bridgetown.church/series/god-sexuality/](https://bridgetown.church/series/god-sexuality/)
Mark Yarhouse  [https://sexualidentityinstitute.org/](https://sexualidentityinstitute.org/)
CHANGED – people who once identified as LGBTQ+ who now celebrate Jesus  [https://changedmovement.com/](https://changedmovement.com/)

For more details and other resources go to the Grace Forums tab at  [www.breshears.net](http://www.breshears.net)
Transgender Resources

Books on the Issue
*Understanding Sexual Identity* by Mark A. Yarhouse
*Understanding Gender Dysphoria: Navigating Transgender Issues in a Changing Culture* by Mark A. Yarhouse
*God and the Transgender Debate: What does the Bible actually say about Gender Identity* by Andrew Walker
*When Harry Became Sally* by Ryan Anderson

Web Resources
Jon Tyson - [https://bridgetown.church/series/god-sexuality/](https://bridgetown.church/series/god-sexuality/)
Pediatrics study on the health of transgender, non-conforming teens [https://pediatrics.aappublications.org/content/141/3/e20171683](https://pediatrics.aappublications.org/content/141/3/e20171683)

Controversy between Gay and Transgender communities

Detransition

For more details and other resources go to the Grace Forums tab at [www.breshears.net](http://www.breshears.net)
GOD’S DESIGN FOR SEXUALITY
Have A Question?

Ask it at

meet.ps/goodsex
GIRLS’ LIFE

FALL FASHION YOU’LL LOVE
100+ ways to SLAY on the first day
Wake up pretty!
Because mornings are rough...

YOUR DREAM HAIR
Next-level tips & trends

Bye, drama
The friendship rules
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Best. Year. Ever.
How to have fun, make friends and get all A’s

Confessions!
MY FIRST KISS
Real girls smooch and spill

QUIZ!
Are you ready for a BF?

THE *NEW* DENIM CHECKLIST
Get ready to hear "I love your jeans!"

August/September 2016
Vol. 33, Issue 1
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BYE, DRAMA
The friendship rules

SQUADS SWEAR BY

OLIVIA HOLT
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Vol. 33, No. 5
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OLIVIA HOLT
Olive Hallisey 2015 Google Science Fair Grand Prize Winner

GIRLS’ LIFE

GIRLS DOING GOOD
100+ ways to help others in your community
Wake up Hungry? Healthy foods to power you through rough days...


THE *NEW* DENIM CHECKLIST
Get ready to hear “I love your jeans!”

MY FIRST KISS
Real girls smooth and spill

THE *NEW* DREAMER CHECKLIST
Get ready to live your dreams!

QUIZ! Are you ready for a BF?

QUIZ! Are you ready for AP class?

QUIZ! My First Miss
Miss the big shot and still win

Why drama? taking the stage for self expression

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Miss the big shot and still win

QUIZ!
Are you ready for AP class?

QUIZ!
Real girls smooth and spill

Why drama?
Taking the stage for self expression

THE *NEW* DREAMER CHECKLIST
Get ready to live your dreams!
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Confessions!

MY FIRST KISS
Real girls smooch and spill

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Wake up Hungry?
Healthy foods to power you through rough days...

Confidence!
MY FIRST MISS
Miss the big shot and still win

Olivia Halsoby
2015 Google Science Fair Grand Prize Winner
You Could Be NEXT!!!
Confessions!
MY FIRST KISS
Real girls smooch and spill

Confidence!
MY FIRST MISS
Miss the big shot and still win
GOD’S DESIGN FOR GOOD SEX
I. In the beginning
18 The LORD God said, "It is not good for the man to be alone."
I. In the beginning
   A. It is _________ for a man/human to be alone
I. In the beginning
   A. It is **not good** for a man/human to be alone

Questions: meet.ps/goodsex
21 So the LORD God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and then closed up the place with flesh.
21 So the LORD God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and then closed up the place with flesh.  
22 Then the LORD God made a woman from the rib he had taken out of the man, and he brought her to the man.  
23 The man said, "This is now bone of my bones and flesh of my flesh; she shall be called 'woman,' for she was taken out of man."
I. In the beginning

A. It is **not good** for a man/human to be alone

B. Eve __________ of Adam's side to be his helper

Questions: meet.ps/goodsex
I. In the beginning

A. It is **not good** for a man/human to be alone

B. Eve **comes out** of Adam's side to be his helper

Questions: meet.ps/goodsex
I. In the beginning

A. It is not good for a man/human to be alone

B. Eve comes out of Adam's side to be his helper

C. They are both human _______ but __________
I. In the beginning

A. It is **not good** for a man/human to be alone

B. Eve **comes out** of Adam's side to be his helper

C. They are both human **equal** but __________

Questions: meet.ps/goodsex
I. In the beginning

A. It is **not good** for a man/human to be alone

B. Eve **comes out** of Adam's side to be his helper

C. They are both human **equal** but **different**

Questions: meet.ps/goodsex
24That is why a man leaves his father and mother and is united to his wife, and they become one flesh.
25Adam and his wife were both naked, and they felt no shame.
I. In the beginning

D. Marriage is the ______________ of the equal but different humans

Questions: meet.ps/goodsex
I. In the beginning

D. Marriage is the *re-connection* of the equal but different humans

Questions: meet.ps/goodsex
I. In the beginning

D. Marriage is the **re-connection** of the equal but different humans, one man, one woman, husband and wife for life

Questions: meet.ps/goodsex
I. In the beginning

D. Marriage is the *re-connection* of the equal but different humans, one man, one woman, husband and wife for life, naked and unashamed

Questions: meet.ps/goodsex
I. In the beginning

D. Marriage is the **re-connection** of the equal but different humans, one man, one woman, husband and wife for life, naked and unashamed, to rule, to create, relate

Questions: meet.ps/goodsex
I. In the beginning

E. Humans _________ love, communion
I. In the beginning

E. Humans **long for** love, communion
I. In the beginning

E. Humans **long for** love, communion, community, friendship, family, affection, wholeness, self-transcendence

Questions: meet.ps-goodsex
I. In the beginning

E. Humans *long for* love, communion, community, friendship, family, affection, wholeness, self-transcendence, to know and be known intimately

Questions: meet.ps/goodsex
I. In the beginning

E. Humans **long for** love, communion, community, friendship, family, affection, wholeness, self-transcendence, to know and be known intimately, to be accepted in our fragile vulnerability.

Questions: meet.ps/goodsex
II. God and sexuality

Questions: meet.ps/goodsex
24 That is why a man leaves his father and mother and is united to his wife, and they become one flesh.
25 Adam and his wife were both naked, and they felt no shame.
I have come into my garden, my sister, my bride; I have gathered my myrrh with my spice. I have eaten my honeycomb and my honey; I have drunk my wine and my milk. Eat, friends, and drink; drink your fill of love.
1 I have come into my garden, my sister, my bride; I have gathered my myrrh with my spice. I have eaten my honeycomb and my honey; I have drunk my wine and my milk. Eat, friends, and drink; drink your fill of love.
1 I have come into my garden, my sister, my bride; I have gathered my myrrh with my spice. I have eaten my honeycomb and my honey; I have drunk my wine and my milk. Eat, friends, and drink; drink your fill of love.
1 I have come into my garden, my sister, my bride; I have gathered my myrrh with my spice. I have eaten my honeycomb and my honey; I have drunk my wine and my milk. *Eat, friends, and drink; drink your fill of love.*
1 I have come into my garden, my sister, my bride; I have gathered my myrrh with my spice. I have eaten my honeycomb and my honey; I have drunk my wine and my milk. Eat, friends, and drink; drink your fill of love.
II. God and sexuality

A. Sexuality is God's ____________ creation for humans
II. God and sexuality

A. Sexuality is God's very good creation for humans

Questions: meet.ps/goodsex
II. God and sexuality

B. In God's design is sex a...
II. God and sexuality

B. In God's design is sex a

1. pleasurable whole person ________ experience between a husband and a wife to express, ________ and deepen their marital intimacy
II. God and sexuality

B. In God's design is sex a

1. pleasurable whole person bonding experience between a husband and a wife to express, _________ and deepen their marital intimacy

Questions: meet.ps/goodsex
II. God and sexuality

B. In God's design is sex a

1. pleasurable whole person bonding experience between a husband and a wife to express, confirm and deepen their marital intimacy
II. God and sexuality

B. In God's design is sex a

1. pleasurable whole person bonding experience between a husband and a wife to express, confirm and deepen their marital intimacy

2. pleasurable __________ between ___________ adults.

Questions: meet.ps/goodsex
II. God and sexuality

B. In God's design is sex a

1. pleasurable whole person bonding experience between a husband and a wife to express, confirm and deepen their marital intimacy

2. pleasurable activity between ____________ adults.

Questions: meet.ps/goodsex
II. God and sexuality

B. In God's design is sex a

1. pleasurable whole person **bonding** experience between a husband and a wife to express, **confirm** and deepen their marital intimacy

2. pleasurable **activity** between **consenting** adults.

Questions: meet.ps/goodsex
II. God and sexuality

B. In God's design is sex a

1. pleasurable whole person **bonding** experience between a husband and a wife to express, **confirm** and deepen their marital intimacy

2. **pleasurable** activity between **consenting** adults.

Questions: meet.ps/goodsex
31"For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh."
31"For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh." 32This is a profound mystery – but I am talking about Christ and the church.
II. God and sexuality

B. In God's design is sex a

1. pleasurable whole person **bonding** experience between a husband and a wife to express, **confirm** and deepen their marital intimacy

3. ______________ signpost to the greatest intimacy: Christ and the Church

Questions: meet.ps/goodsex
II. God and sexuality

B. In God's design is sex a

1. pleasurable whole person bonding experience between a husband and a wife to express, confirm and deepen their marital intimacy

3. Sacramental signpost to the greatest intimacy: Christ and the Church

Questions: meet.ps/goodsex
31"For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh." 32This is a profound mystery – but I am talking about Christ and the church.
31"For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh." 32This is a profound mystery – but I am talking about Christ and the church. 33However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.
II. God and sexuality

C. If sex is

1. _____
II. God and sexuality
   C. If sex is dirty
II. God and sexuality

C. If sex is

1. **dirty**, then I must repress my desires to achieve purity
II. God and sexuality

C. If sex is dirty, then I must repress my desires to achieve purity

Moral Standards + Will Power = Purity

Questions: meet.ps/goodsex
II. God and sexuality
   C. If sex is
      1. *dirty*, then I must repress my desires to achieve purity
      2. for __________

Questions: meet.ps/goodsex
II. God and sexuality

C. If sex is

1. dirty, then I must repress my desires to achieve purity

2. for my fun

Questions: meet.ps/goodsex
II. God and sexuality

C. If sex is

1. dirty, then I must repress my desires to achieve purity

2. for my fun, then I must indulge my desires to be fulfilled
II. God and sexuality
   C. If sex is
      1. dirty, then I must repress my desires to achieve purity
      2. for my fun, then I must indulge my desires to be fulfilled

Desire + Consent = Freedom
12"I have the right to do anything," you say – but not everything is beneficial. "I have the right to do anything" – but I will not be mastered by anything. 

13The body, however, is not meant for sexual immorality but for the Lord, and the Lord for the body.
18 Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body.
18 Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body. 19 Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; 20 you were bought at a price. Therefore honor God with your bodies.

1 Corinthians 6
II. God and sexuality

C. If sex is

1. dirty, then I must repress my desires to achieve purity

2. for my fun, then I must indulge my desires to be fulfilled
II. God and sexuality
   C. If sex is
      1. *dirty*, then I must repress my desires to achieve purity
      2. for *my fun*, then I must indulge my desires to be fulfilled.
II. God and sexuality

C. If sex is

1. dirty, then I must repress my desires to achieve purity

2. for my fun, then I must indulge my desires to be fulfilled
II. God and sexuality

C. If sex is

1. *dirty*, then I must repress my desires to achieve purity

2. for *my fun*, then I must indulge my desires to be fulfilled

3. God's gift for ____________
II. God and sexuality

C. If sex is

1. dirty, then I must repress my desires to achieve purity

2. for my fun, then I must indulge my desires to be fulfilled

3. God's gift for intimacy
II. God and sexuality

C. If sex is

1. dirty, then I must repress my desires to achieve purity

2. for my fun, then I must indulge my desires to be fulfilled

3. God's gift for intimacy, then I must focus my passions to be formed into a Christlike person

Questions: meet.ps/goodsex
II. God and sexuality

C. If sex is

1. dirty, then I must repress my desires to achieve purity

2. for ________, then I must indulge my desires to be fulfilled

3. God's gift for **intimacy**, then I must focus my passions to be formed into a Christlike person

Vision + power + practice = joyful delight

Questions: meet.ps/goodsex
III. Pondering sexuality

Questions: meet.ps/goodsex
III. Pondering sexuality

A. Deep, godly intimacy comes in friendship, family, and church.

Questions: meet.ps/goodsex
III. Pondering sexuality

A. Deep, godly intimacy comes in friendship, family, and church. Bringing ____ into relationships other than marriage ______ them.

Questions: meet.ps/goodsex
III. Pondering sexuality

A. Deep, godly intimacy comes in friendship, family, and church. Bringing sex into relationships other than marriage ______ them.

Questions: meet.ps/goodsex
III. Pondering sexuality

A. Deep, godly intimacy comes in friendship, family, and church. Bringing sex into relationships other than marriage ruins them.
3 It is God's will that you should be sanctified: that you should avoid sexual immorality; 4 that each of you should learn to control your own body in a way that is holy and honorable, 5 not in passionate lust like the pagans, who do not know God; 6 and that in this matter no one should wrong or take advantage of a brother or sister.
III. Pondering sexuality

A. Deep, godly intimacy comes in friendship, family, and church. Bringing *sex* into relationships other than marriage *ruins* them.

B. All sexual activity outside marriage is *porneia* _________ the person and the gift of sex.

Questions: meet.ps/goodsex
III. Pondering sexuality

A. Deep, godly intimacy comes in friendship, family, and church. Bringing **sex** into relationships other than marriage **ruins** them.

B. All sexual activity outside marriage is *porneia* **defiling** the person and the gift of sex.

**Questions:** meet.ps/goodsex
GOD’S DESIGN FOR SEXUALITY

Discussion Forums

October 20, 2019 | 10:15 am | Room 111

November 3, 2019 | 10:15 am | Room 208
III. Pondering sexuality

A. Deep, godly intimacy comes in friendship, family, and church. Bringing ____ into relationships other than marriage ______ them.

If you know you are going to marry your partner (bf or gf) but are not married yet, is it still wrong to have sex with them?

B. All sexual activity outside marriage is porneia defiling the person and the gift of sex.

Questions: meet.ps/goodsex
III. Pondering sexuality

A. Deep, godly intimacy comes in friendship, family, and church. Bringing ___________ into relationships other than marriage ___________ them.  

What, given the multiple polygamous biblical figures, is the biblical stance on 'open relationships'?

B. All sexual activity outside marriage is porneia defiling the person and the gift of sex.

Questions: meet.ps/goodsex
Is it a sin to masturbate?

Questions: meet.ps/goodsex
Is it a sin to masturbate?

- Bible never lists it as sin
17 You shall not covet your neighbor's wife
24 Do not lust in your heart after her beauty or let her captivate you with her eyes.
27"You have heard that it was said, 'You shall not commit adultery.' 28But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.
Is it a sin to masturbate?

- Bible never lists it as sin
- Bible is very clear that lust is a defiling sin

Questions: meet.ps/goodsex
Is it a sin to masturbate?

- Bible never lists it as sin
- Bible is very clear that lust is a defiling sin
- It is an alone thing
II. God and sexuality

B. In God's design is sex a

1. pleasurable whole person bonding experience between a husband and a wife to express, confirm and deepen their marital intimacy

3. Sacramental signpost to the greatest intimacy: Church with Jesus

Questions: meet.ps/goodsex
Is it a sin to masturbate?

• Bible never lists it as sin
• Bible is very clear that lust is a defiling sin
• It is an alone thing
• It is sinful as a substitute for marital sex
The Bible says we should not masturbate, but if our mate is incapacitated is it still wrong?

Questions: meet.ps/goodsex
The Bible says we should not masturbate, but if our mate is incapacitated is it still wrong?
If spouse is unable to participate sexually due to a health issue etc., is it ok to do it yourself?
If spouse is unable to participate sexually due to a health issue etc., is it ok to do it yourself?

- It is sinful as a substitute for marital sex
III. Pondering sexuality

D. What about a married couple who can't achieve good sex?

Questions: meet.ps/goodsex
III. Pondering sexuality

D. What about a married couple who can't achieve good sex?

My spouse and I have sex infrequently and I struggle with that. What does the Bible say about meeting each other's needs?
III. Pondering Sexuality

D. Questions: meet.ps/goodsex
III. Pondering sexuality

D. What about a married couple who can't achieve good sex?

E. Is any type of sex activity permissible for a married couple?
III. Pondering sexuality

D. What about a married couple who can't achieve good sex?

E. Is any type of sex activity permissible for a married couple?

F. Question is not "is it sinful?" but "who am I becoming by my _____________ and ___________?"

Questions: meet.ps/goodsex
III. Pondering sexuality

D. What about a married couple who can't achieve good sex?

E. Is any type of sex activity permissible for a married couple?

F. Question is not "is it sinful?" but "who am I becoming by my imaginations and _______?"
III. Pondering sexuality

D. What about a married couple who can't achieve good sex?

E. Is any type of sex activity permissible for a married couple?

F. Question is not "is it sinful?" but "who am I becoming by my imaginations and actions?"

Questions: meet.ps/goodsex
IV. As _________ in the community of Christ, we seek and show
IV. As **disciples** in the community of Christ, we seek and show

Questions: meet.ps/goodsex
IV. As **disciples** in the community of Christ, we seek and show
A. faithfulness and fidelity in a world of availability and indulgence

Questions: meet.ps/goodsex
IV. As **disciples** in the community of Christ, we seek and show
A. faithfulness and fidelity in a world of availability and indulgence
B. respect for people, not commodification and abuse

Questions: meet.ps/goodsex
IV. As **disciples** in the community of Christ, we seek and show

A. faithfulness and fidelity in a world of availability and indulgence

B. respect for people, not commodification and abuse

C. acceptance, healing, grace in a culture of deceit, cheating and contempt

Questions: meet.ps/goodsex
IV. As *disciples* in the community of Christ, we seek and show

A. faithfulness and fidelity in a world of availability and indulgence

B. respect for people, not commodification and abuse

C. acceptance, healing, grace in a culture of deceit, cheating and contempt

D. serving and giving rather than taking and using

Questions: meet.ps/goodsex
Kintsugi

The Beauty of Brokenness
Everyone then who hears these words of mine and acts on them will be like a wise man who built his house on rock.

Matthew 7.24