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RIGHT THINKING AND RIGHT LIVING

PREACHED BY JAY MESSENGER

PHILIPPIANS 4:8-9

STANDING FIRM IN THE LORD. . .

(1) _____ AND (2) _____ YOUR THOUGHTS

PUTTING (3) _____ INTO ACTION

(4) _____ THE GOD OF (5) _____ IS WITH YOU

DISCUSSION QUESTIONS:

1. ONE OF THE WAYS WE GUIDE AND GUARD OUR THOUGHTS IS THROUGH MEDITATION. .WHAT IS THE DIFFERENCE BETWEEN EASTERN MEDITATION AND BIBLICAL MEDITATION? (EX: PSALM 1) CAN YOU THINK OF A TIME WHEN YOU’VE MEDITATED ON A VERSE(S) FOR PERSPECTIVE, GUIDANCE AND PEACE?
2. WHY IS THE PROCESS OF ALIGNING AND RE-ALIGNING “OUR WORLD” WITH HIS WORD SO IMPORTANT FOR OUR THINKING? HOW DO WE FILTER OUR THINKING, VALUES, PRIORITIES THROUGH THE TRUTH OF HIS WORD? CAN YOU GIVE AN EXAMPLE?
3. IN YOUR OPINION, HOW MUCH INPUT/INFORMATION DO WE RECEIVE FROM OUR CULTURE AND MEDIA THAT IS NEGATIVE, CRITICAL, ETC.? HOW DO YOU BALANCE AND FILTER THAT WITH GOD’S WORD?
4. WHAT ARE STEPS YOU CAN TAKE TO ACTIVELY GUIDE AND GUARD YOUR THOUGHTS AND THINKING? FOR EXAMPLE, HOW DO WE DO BATTLE WITH RE-PLAYING IN YOUR MIND A HURT, FRUSTRATION, ETC. OVER AND OVER AGAIN? WHY DOES THIS MATTER?
5. WHAT ARE SOME WAYS YOU’VE SEEN GOD’S BEAUTY AND MAJESTY IN YOUR LIFE RECENTLY? WHAT TYPES OF EXPERIENCES MAKE YOU WANT TO WORSHIP AND THANK HIM?
6. RESPOND TO MANY OF THE FINDINGS OF POSITIVE PSYCHOLOGY AND VALIDATING WHAT SCRIPTURE DECLARES AND TEACHES ABOUT JOY AND HAPPINESS. .ARE YOU SURPRISED? WHY OR WHY NOT?
7. RESPOND TO THE STATEMENT “WE ARE MOST HAPPY AND FULFILLED WHEN WE LIVE OUR LIVES ON GOD’S TERMS. .”. DO YOU AGREE OR DISAGREE? WHY?
8. WHAT ARE 3 THINGS YOU CAN BE THANKFUL FOR. .TODAY? WRITE THEM DOWN OR SAY THEM OUT LOUD. . .
9. HOW HAVE YOU EXPERIENCED GOD’S NEARNESS AND PEACE IN YOUR LIFE? CAN YOU GIVE A RECENT EXAMPLE?
10. HOW WILL YOU LIVE OUT IN WHAT YOU THINK AND WHAT YOU DO WHAT YOU LEARNED FROM GOD’S WORD TODAY?

FILL IN THE BLANK KEY

1. GUIDING 2. GUARDING 3. GODLINESS 4. REMEMBERING 5. PEACE



ENDURING
JOY

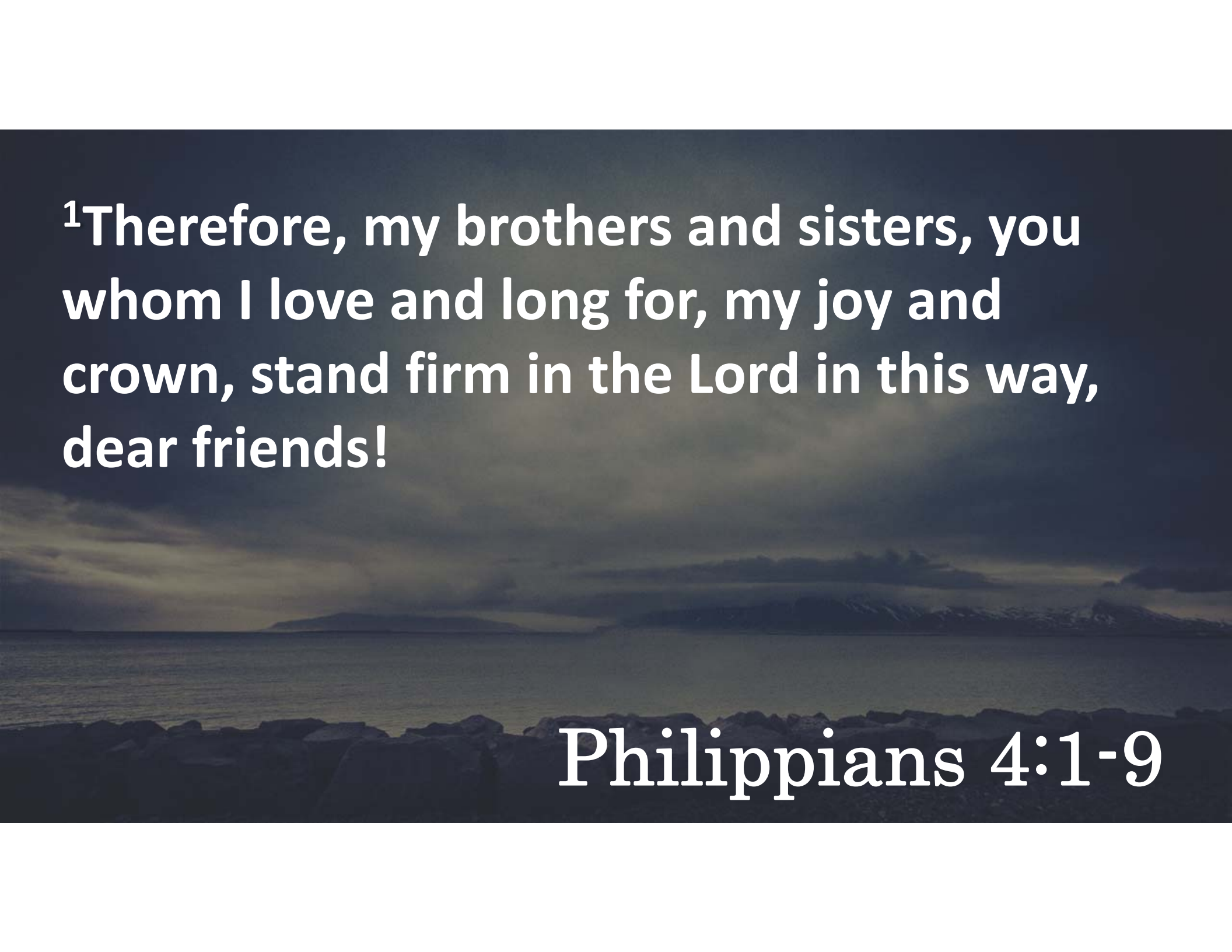
A STUDY IN PHILIPPIANS

A dark, moody landscape with a cloudy sky, a body of water, and distant mountains. The sky is filled with heavy, dark clouds, and the water is calm. In the distance, there are mountains with some snow or light-colored patches. The overall tone is somber and atmospheric.

Be peacemakers

Rejoice always

Stand Firm as Citizens of Heaven

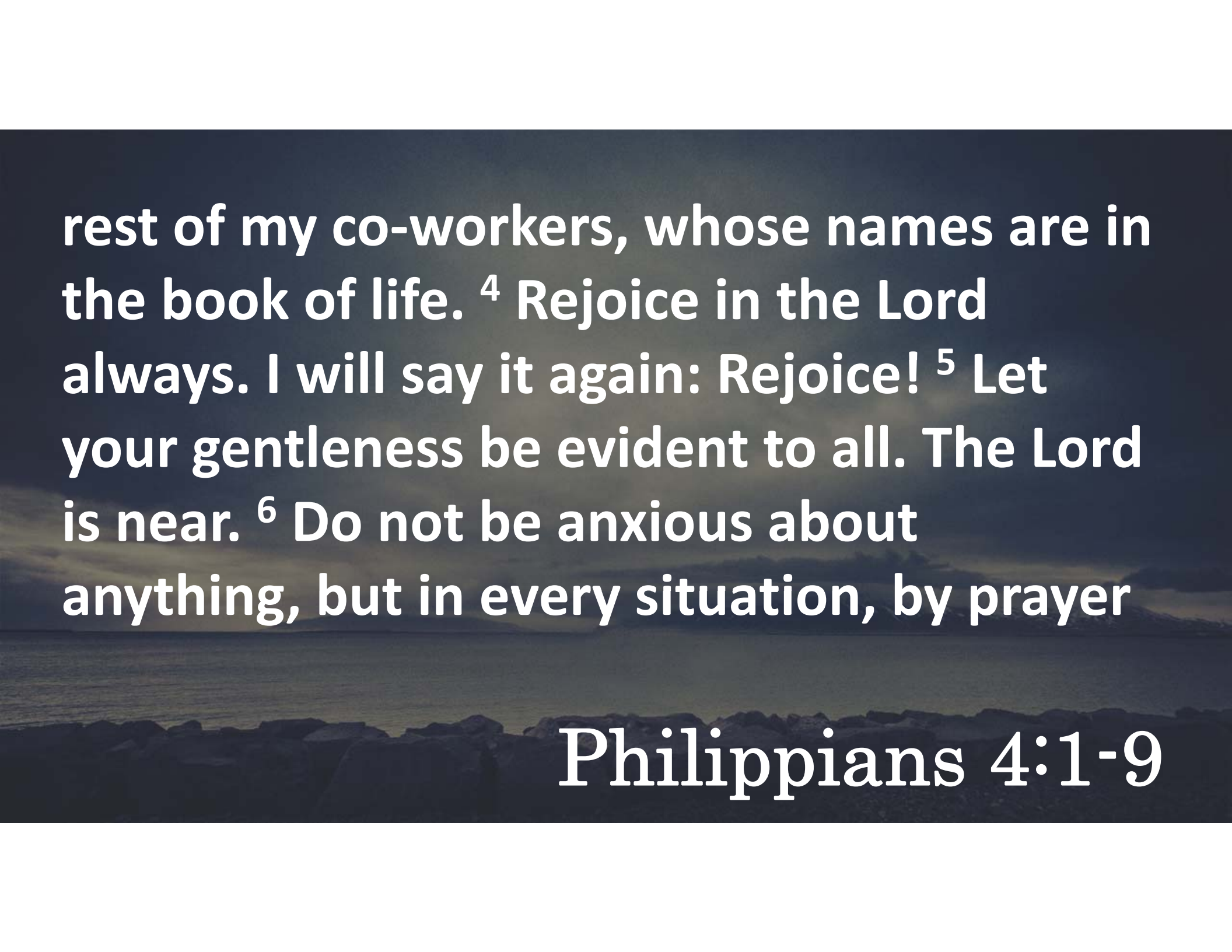


¹Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends!

Philippians 4:1-9

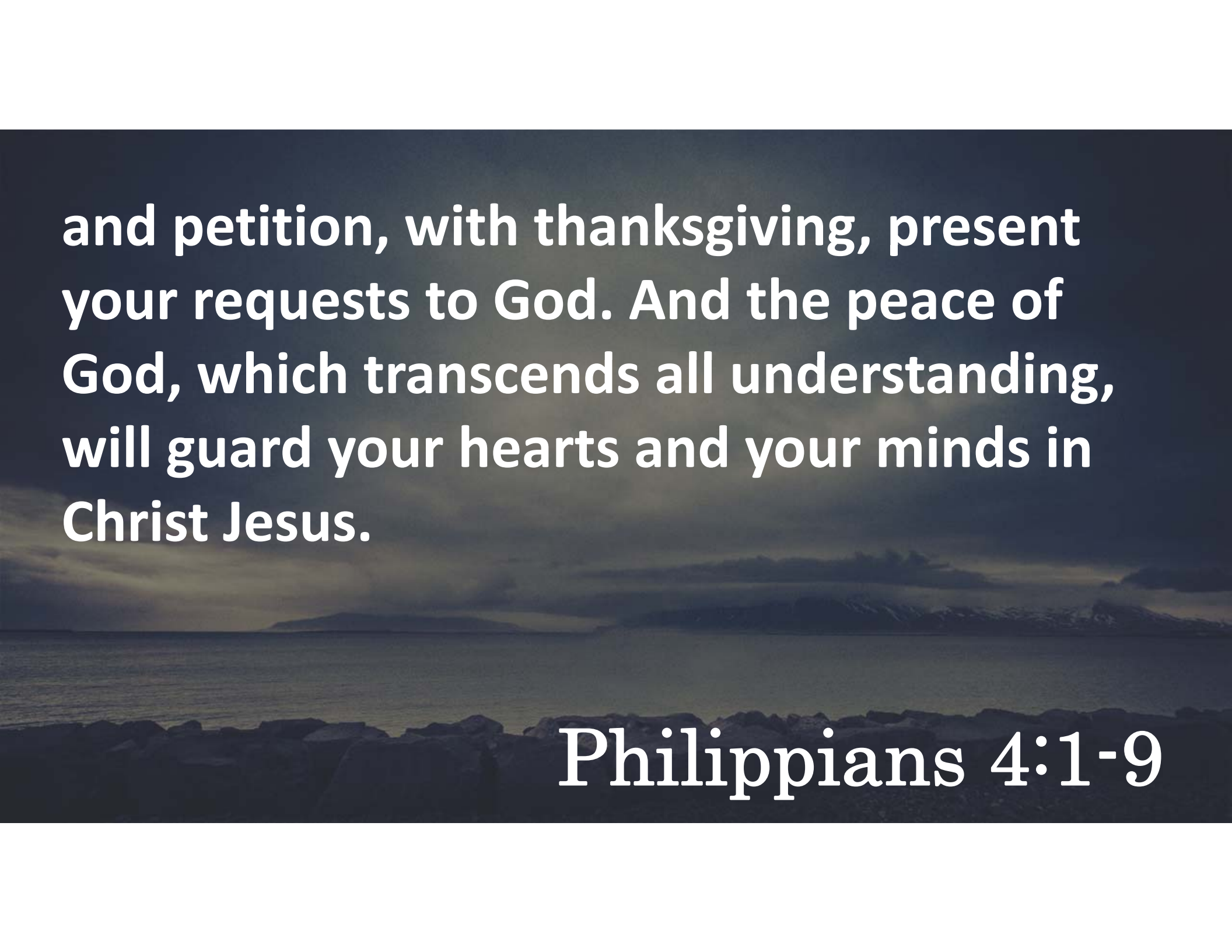
² I plead with Euodia and I plead with Syntyche to be of the same mind in the Lord. ³ Yes, and I ask you, my true companion, help these women since they have contended at my side in the cause of the gospel, along with Clement and the

Philippians 4:1-9



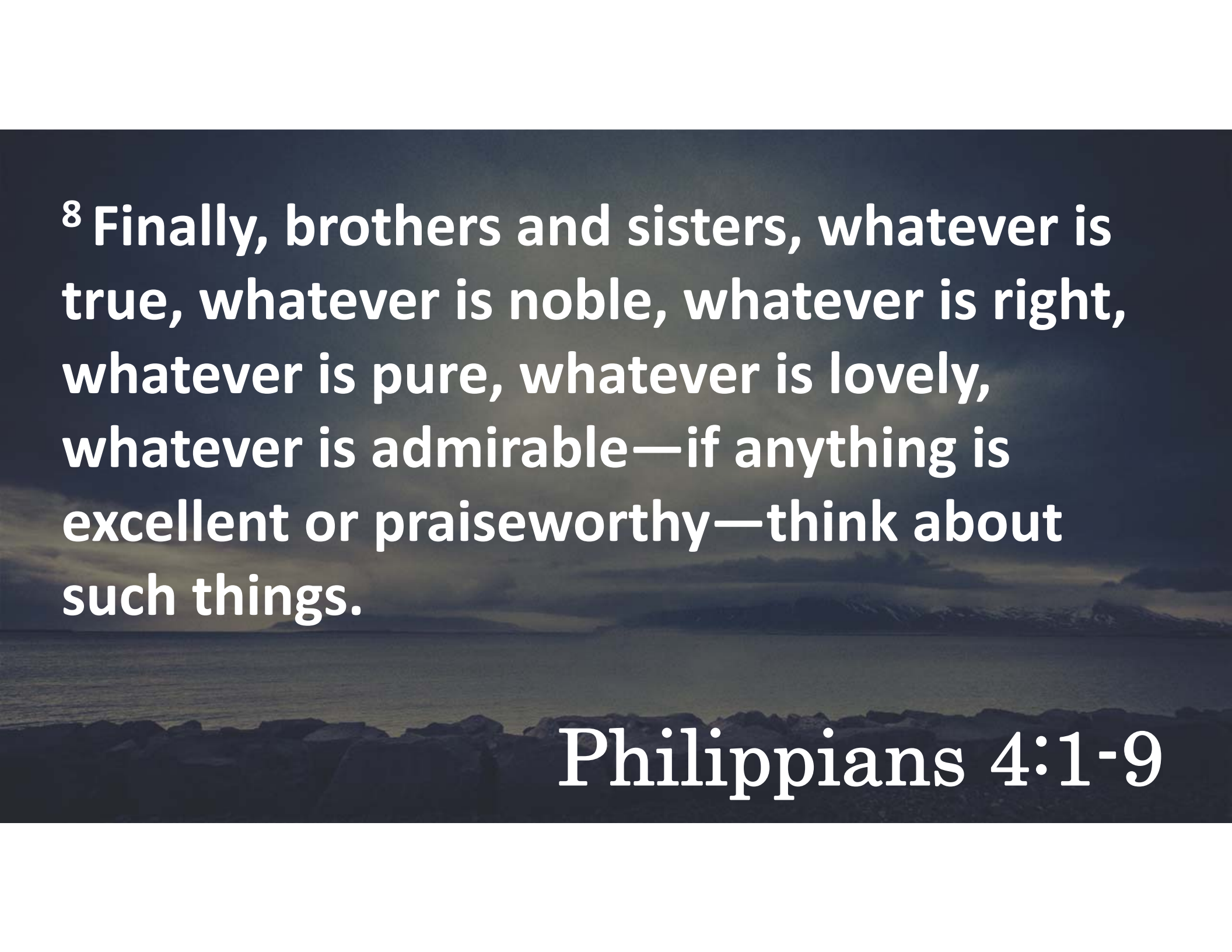
rest of my co-workers, whose names are in the book of life. ⁴ Rejoice in the Lord always. I will say it again: Rejoice! ⁵ Let your gentleness be evident to all. The Lord is near. ⁶ Do not be anxious about anything, but in every situation, by prayer

Philippians 4:1-9

The background of the slide is a dark, atmospheric landscape. It features a body of water in the middle ground, with mountains or hills in the distance under a cloudy sky. The overall tone is somber and contemplative, with a color palette dominated by dark blues, greys, and blacks.

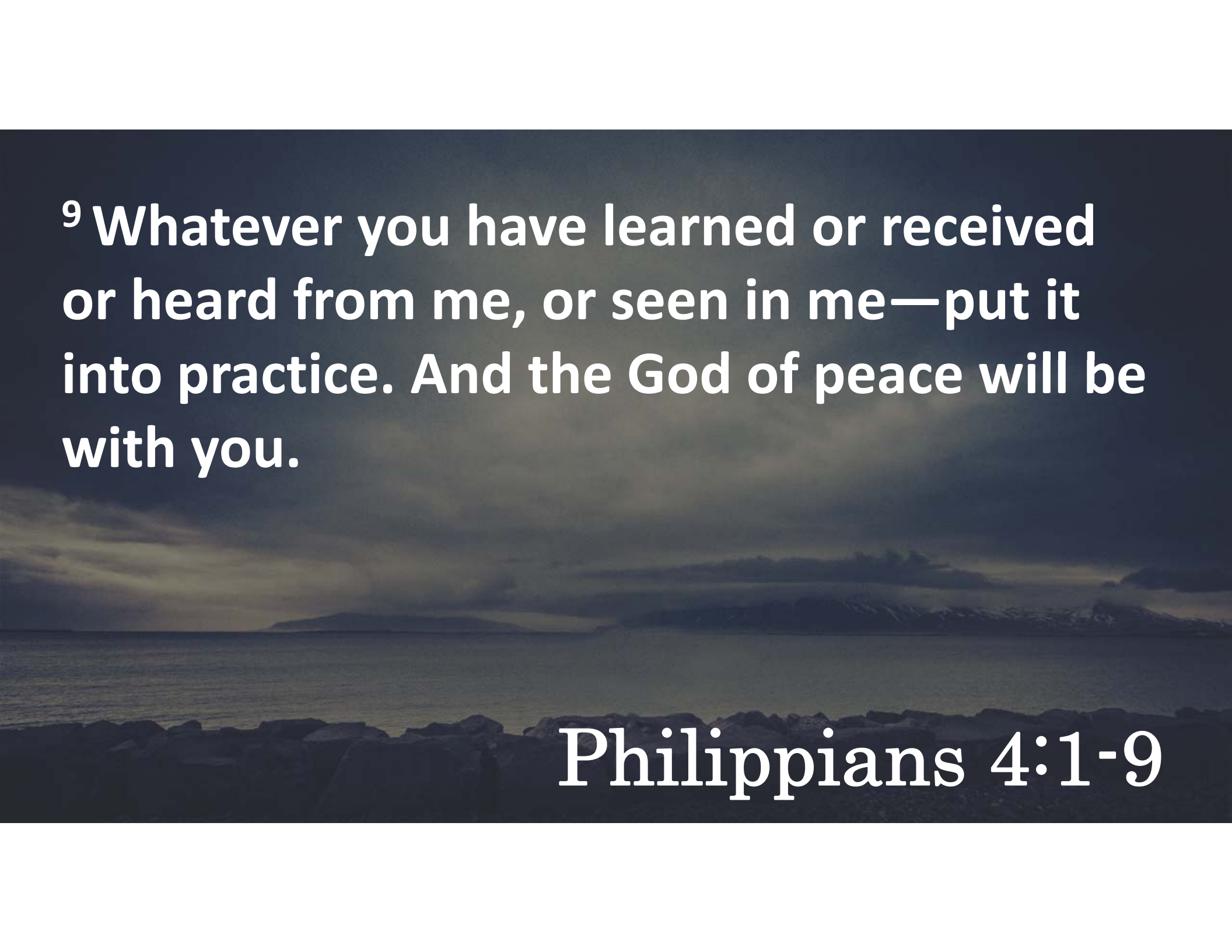
and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:1-9



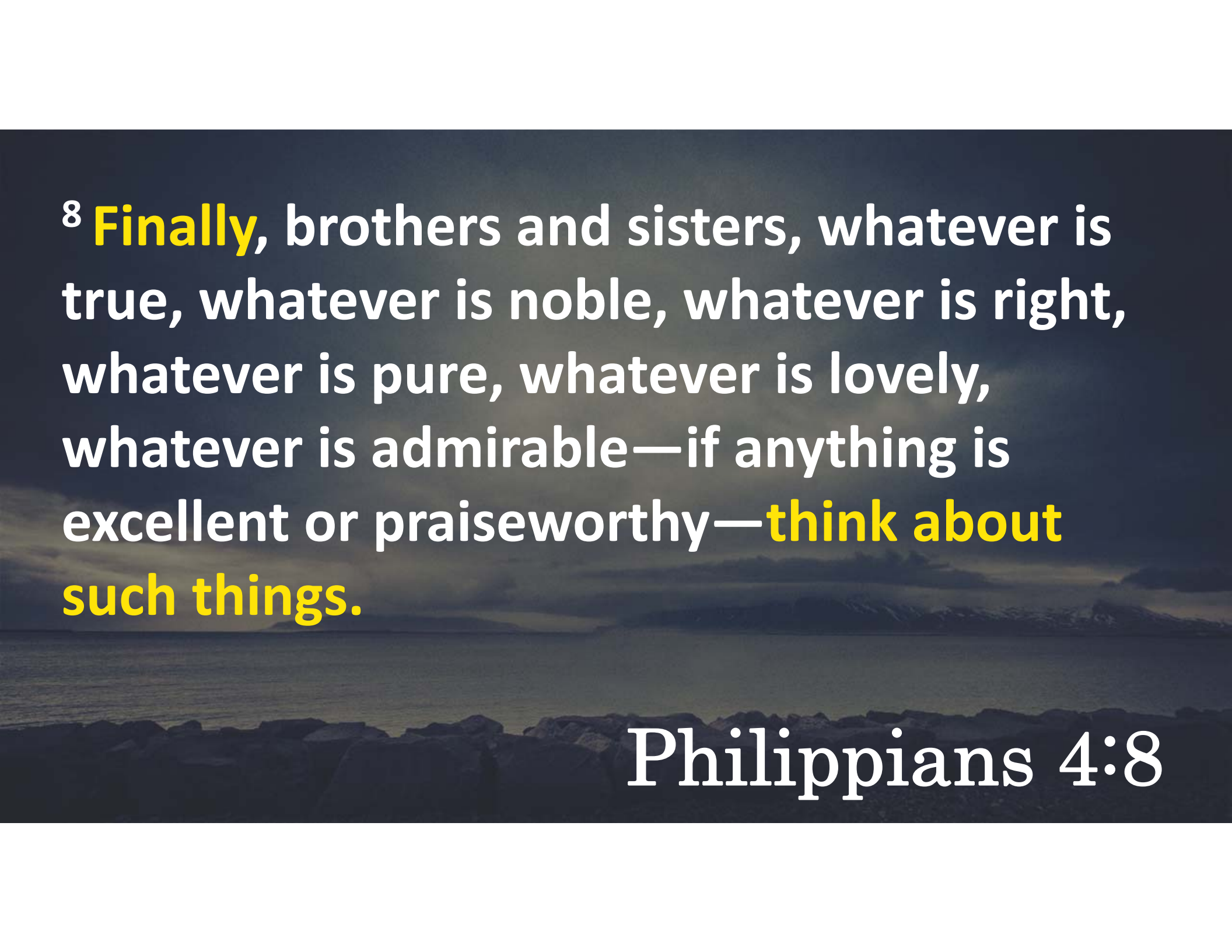
⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Philippians 4:1-9

A dark, moody landscape with a cloudy sky, a body of water, and distant mountains. The text is overlaid on the upper portion of the image.

⁹ Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

Philippians 4:1-9



⁸ **Finally**, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—**think about such things.**

Philippians 4:8



Guiding and guarding your thinking

Standing Firm in the Lord



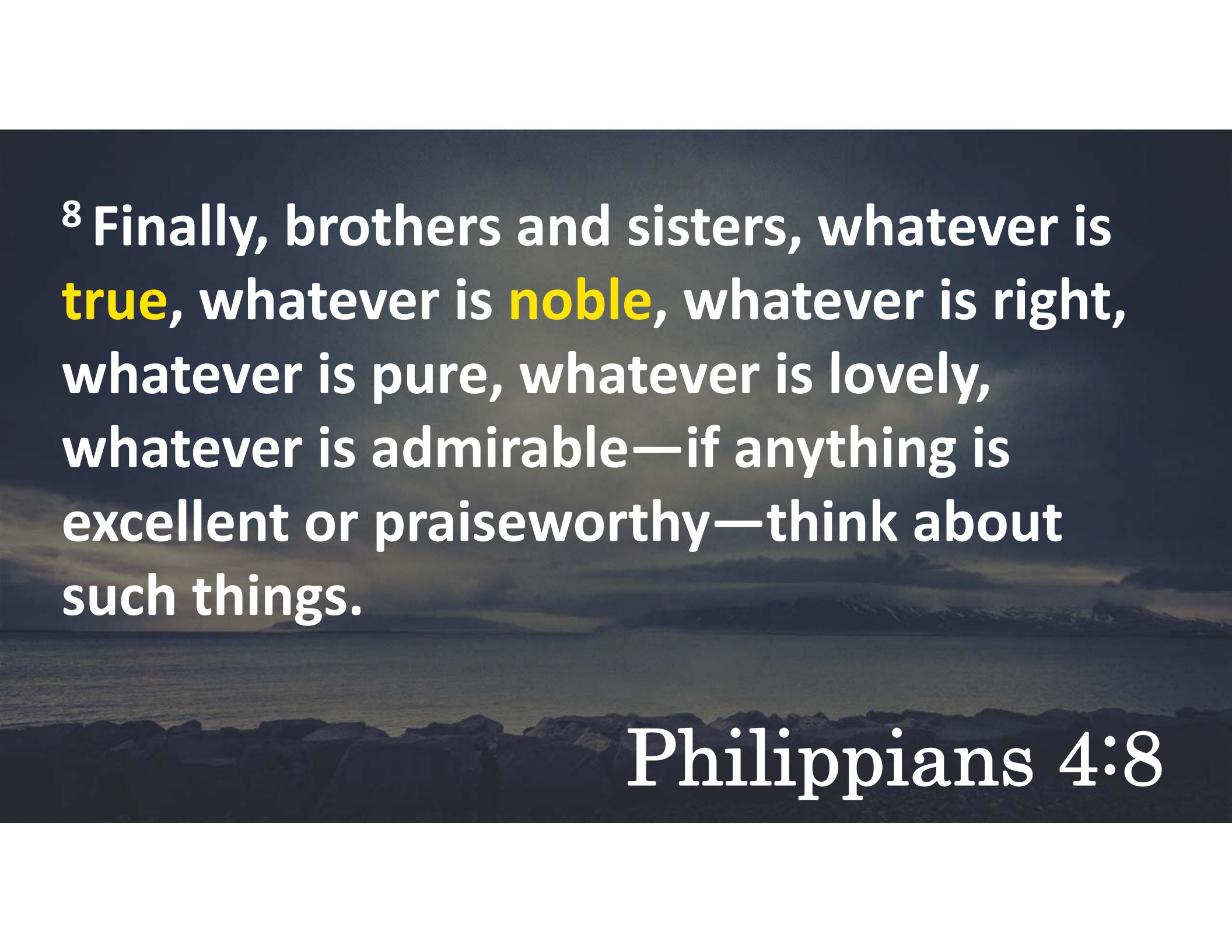
Ponder
Deliberate
Contemplate
Mull-over
Focus
Meditate

Think



Guiding and guarding your thinking

Standing Firm in the Lord



⁸ Finally, brothers and sisters, whatever is **true**, whatever is **noble**, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Philippians 4:8

A dark, moody landscape with a cloudy sky, a body of water, and a rocky foreground. The sky is filled with heavy, dark clouds, and the water is calm. In the foreground, there are dark, jagged rocks. The overall atmosphere is somber and dramatic.

Just

Innocent

Proper

Reflects Character of YHWH

Right



Without defect/blemish

Modest

Holy

Sacred


Not mixed with other substances

Pure



**Beautiful
Pleasing
Attractive
Enjoyable
Motivating appreciation**

Lovely



Good report
Well-recommended
Commendable
Gracious

Admirable



Good
Virtuous
Excellence of character

Excellent



Commendable

Wonderful

Beautiful

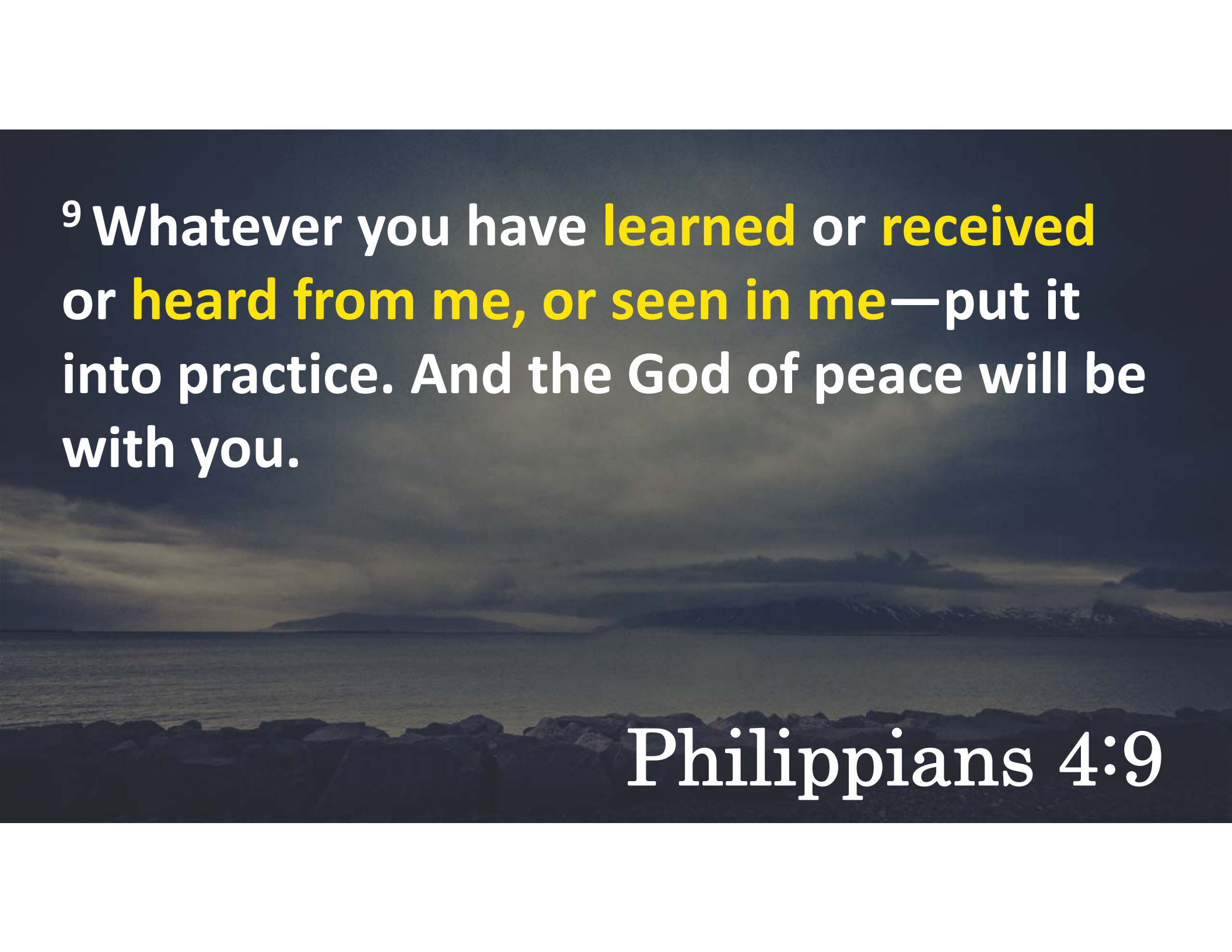
Anything worthy of praise

Praiseworthy

A dark, moody landscape with a cloudy sky, a body of water, and distant mountains. The sky is filled with heavy, dark clouds, and the water is calm and dark. In the distance, there are dark mountains with some snow or light-colored patches. The overall atmosphere is somber and contemplative.

Guiding and guarding your thinking

Standing Firm in the Lord

A dark, moody landscape with a body of water and mountains under a cloudy sky. The text is overlaid on the upper portion of the image.

⁹ Whatever you have **learned** or **received** or **heard from me, or seen in me**—put it into practice. And the God of peace will be with you.


Philippians 4:9



Guiding and guarding your thinking

Putting godliness into action

Standing Firm in the Lord

- 
1. Meditate/pray
 2. Gratitude
 3. Acts of Kindness
 4. Journal
 5. Exercise

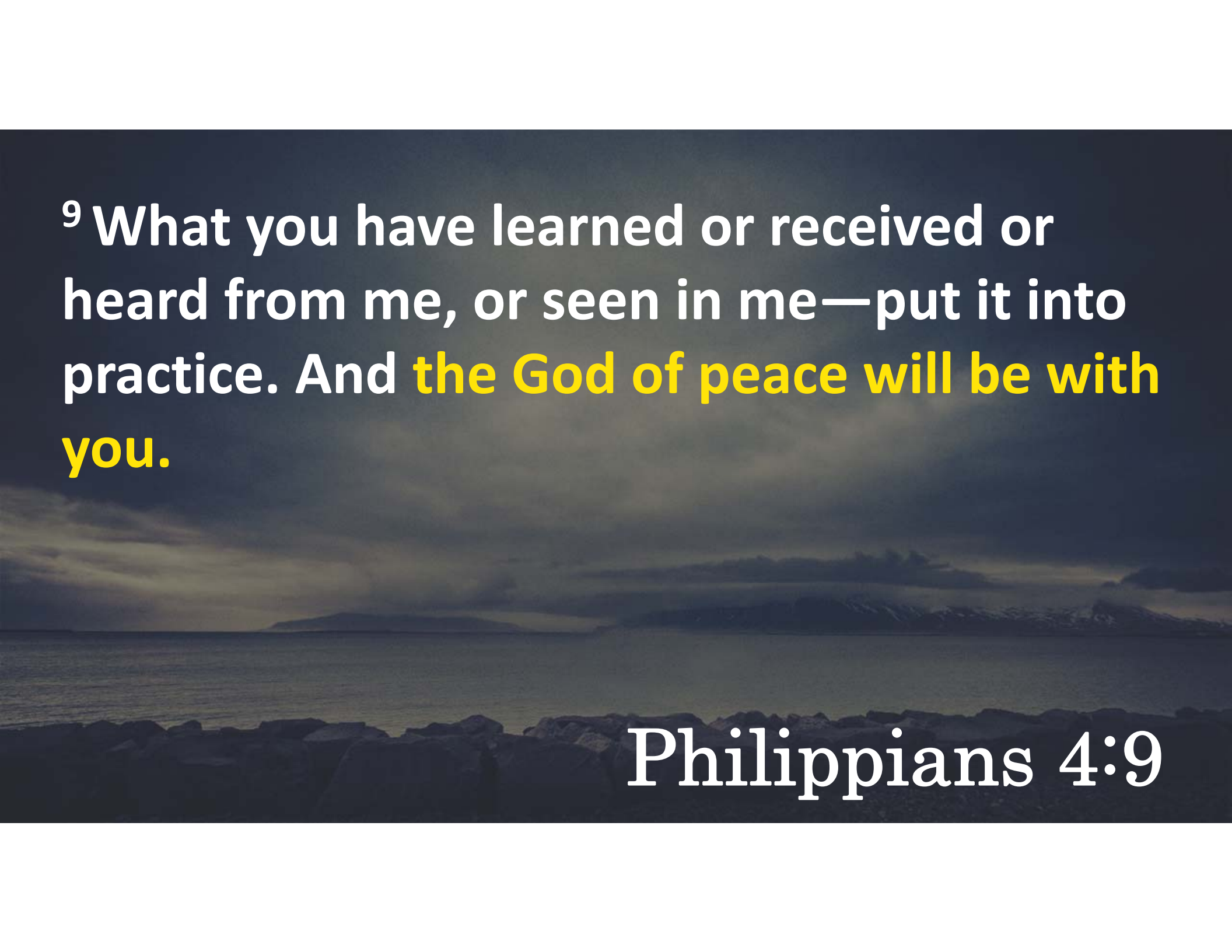
The Happiness Advantage- Shawn Achor



Guiding and guarding your thinking

Putting godliness into action

Standing Firm in the Lord



⁹ What you have learned or received or heard from me, or seen in me—put it into practice. And **the God of peace will be with you.**

Philippians 4:9



Guiding and guarding your thinking

Putting godliness into action

Remembering the God of peace is with
you

Standing Firm in the Lord









Guiding and guarding your thinking

Putting godliness into action

Remembering the God of peace is with
you

Standing Firm in the Lord



ENDURING
JOY

A STUDY IN PHILIPPIANS